10 **SHOCKING** SPORTS INJURY STATISTICS

GENERAL FACTS

THE MOST DANGEROUS **SPORTS HEAD INJURY-WISE ARE BICYCLING, SKATEBOARDING, & SKATING**

CONTRIBUTING TO A COMBINED **50% OF ALL SPORTS-RELATED INJURIES.**

MOST INJURIES FROM ORGANIZED-SPORTS OCCUR DURING PRACTICE

CONTACT SPORTS SUCH AS FOOTBALL CAN BE EXPECTED TO RESULT IN A **HIGHER** NUMBER OF INJURIES

THE HIGHEST RATES OF INJURY OCCUR IN SPORTS THAT INVOLVE **CONTACT & COLLISIONS**

9.1% OF ALL SPINAL CORD INJURIES ARE SPORTS-RELATED

16.5% OF ALL TRAUMATIC BRAIN INJURIES **ARE FROM BLUNTFORCE** (WORK & SPORTS-RELATED)

CHILDREN & SPORTS

3.5 MILLION CHILDREN **UNDER AGE 14 ARE INJURED** PLAYING SPORTS **EACH YEAR**

2 MILLION HIGHSCHOOL ATHLETES ARE **INJURED** EACH YEAR

1 IN 5 HIGH SCHOOL ATHLETES WILL SUSTAIN **A HEAD INJURY** DURING ANY GIVEN SEASON

21% OF CHILDREN'S TRAUMATIC BRAIN INJURIES ARE CAUSED BY SPORTS

Basketball. **170,000**

More than 170,000 children ages 5 to 14 were treated in hospital emergency rooms for basketball-related injuries.

Baseball & Softball. **110,000**

Nearly 110,000 children ages 5 to 14 were treated in hospital emergency rooms for baseball-related injuries.

Bicycling. **200,000**

More than 200,000 children ages 5 to 14 were treated in hospital emergency rooms for bicycle-related injuries.

Football. **215,000**

Almost 215,000 children ages 5 to 14 were treated in hospital emergency rooms for football-related injuries.

Soccer **88,000**

About 88,000 children ages 5 to 14 were treated in hospital emergency rooms for soccer-related injuries.

http://www.stanfordchildrens.org/en/topic/default?id=sports-injury-statistics-90-P02787

http://www.headcasecompany.com/concussion_info/stats_on_concussions_sports

http://www.cdc.gov/mmwr/preview/mmwrhtml/ss6005a1.htm?s_cid=ss6005a1_w

National Spinal Cord Injury Statistical Center (NSCISC)

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