



Living Well with Dr. John

Topic: Adjustment to Spinal Cord Injury

EVENT

The Christopher & Dana Reeve Foundation will be holding a free webcast that will focus on practical tips on the adjustment phases that most individuals with SCI's encounter at some point throughout their lives post-injury. It will highlight a few basic concepts, potential trigger reactions, as well as a few practical coping strategies. More specifically, topics such as stress, crisis, loss, self-concept, unpredictability, and quality of life will be covered.

WHEN

Wednesday, August 19, 2020
3:00 p.m. – 4:00 p.m.

WHERE

Online

AUDIENCE

This is an educational opportunity for those living with a spinal cord injury, their family members, friends, and healthcare professionals.

ABOUT THE SPEAKER



Dr. Jyh-Hann (John) Chang is a Clinical Neuropsychologist and is Board-Certified in Rehabilitation Psychology. In addition to having his own private practice, Dr. Chang is a Professor of Psychology at East Stroudsburg University, and consulting psychologist for both Lehigh Valley Health Network Pocono Medical Center and Good Shepherd Rehabilitation Hospital. He earned his Doctorate degree at the University of Connecticut in Clinical Psychology, and completed his Postdoctoral Fellowship at Gainesville, FL Veterans Administration in Gerontology. He was the Chair of the Advisory Board for People with Disabilities for Northeast Pennsylvania and Chair of the Diversity Committee for Division II Society of Teaching of Psychology. A national speaker and author of several articles, Dr. Chang has also been featured in numerous publications. He created The Compassion of Others' Lives Scale which was replicated internationally and has been translated to Spanish, Turkish, and most recently, Chinese. At the age of 19, Dr. Chang suffered a surfing accident that rendered him a tetraplegic. He is a recipient of multiple National Science Foundation grants, Christopher and Dana Reeve Foundation's Quality of Life grants, and an American Psychological Association's CEMRRAT grant.

To register for the free webcast:

https://globalmeetwebinar.webcasts.com/starthere.jsp?ei=1350326&tp_key=09eafac46e

Dr. Chang's Contact Information

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